

## SAFE OPERATING PROCEDURES

# The Cage



- 1 Activity supervisor per 12 participants
- Inform CYC host of any malfunctioning equipment
- Dowel rods are not to be used as weapons, only as tools to get the ball out of the cage.
- Dowel rods are not to be pushed in one side and then out through another side of the cage, as this could result in a team member getting injured.
- Do not climb the cage.
- Ball and dowel rods to be returned to the box at the end of session.
- Wear a hat and sunscreen

### **Objective:**

Work as a team to succeed in getting the ball out of the cage using the dowel rods.

### **Procedure:**

Make sure that everyone in the team has a dowel rod and that the ball is inside the cage. Work as a team to maneuver the dowel rods through the cage to get the ball out.

### **Variations:**

- Time the event, points awarded for speed.
- Use dowel rod with one hand.

**All damage and injuries must be reported to CYC Staff as soon as practicable. Failure to follow these instructions could result in injury.**

**CYC reserves the right to close this activity if these instructions are not followed.**

**To contact CYC Staff go to the office.**

